

# ENTREES

## Finger Lickin' Fried Chicken - 12<sup>99</sup>

Betty's secret recipe for super succulent hormone free thigh, leg and breast. Served with a biscuit and your choice of mashed potatoes, french fries or homemade coleslaw. (Please allow extra time for this dish, good things are worth the wait).

## Hot Turkey Plate - 11<sup>99</sup>

Hot turkey sandwich topped with homemade gravy. Served open face on a dutch crunch roll over mashed potatoes with cranberry sauce and a side of peas.

## Beer Battered Fish n' Chips - 10<sup>99</sup>

Kona Longboard battered cod, fried crispy. Served with crispy fries, cocktail and tartar sauce.

## Magic Shroom - 11<sup>99</sup>

Balsamic marinated Portabella mushroom, grilled and served over mashed potatoes with a side of seasonal veggies. It's mind altering.

## Mac Daddy - 8<sup>99</sup>

A manly portion of cheesy macaroni goodness, topped with crispy bacon.

# SIDES (Fries are trans-fat free. Sweet Potato Fries are trans-fat and gluten free.)

## Crispy Fries

Reg - 1<sup>75</sup>

Basket - 2<sup>99</sup>

## Sweet Potato Fries

Reg - 3<sup>49</sup>

Basket - 4<sup>99</sup>

## Garlic Fries

Reg - 3<sup>49</sup>

Basket - 4<sup>99</sup>

## Crunchy Onion

Rings - 4<sup>95</sup>

## 50% Crispy n'

Sweet Fries - 3<sup>99</sup>

## 50% Crispy Fries n'

Onion Rings - 3<sup>99</sup>

## 50% Sweet Fries n'

Onion Rings - 4<sup>99</sup>

## Chili Cheese Fries

- 5<sup>99</sup>

## Mashed Potatoes

(no gravy) - 3<sup>49</sup>

## Gravy 50¢

## Cheese 75¢

## Mixed Seasonal

Veggies - 3<sup>95</sup>

## 2 Buttermilk

Biscuits - 1<sup>95</sup>

# ICE CREAM & SHAKES

## POLAR BEAR FEATURED FLAVORS:

Chocolate, Vanilla, Strawberry, Thin Mint, Dirty Paws, Cake Batter, Milk & Cookies, Monkey Business, Turkish Coffee, Flavor of the Month.

## Cone or Cup

Single - 2<sup>99</sup>

Double - 4<sup>49</sup>

## Shakes

12 oz. - 4<sup>99</sup>

16 oz. - 6<sup>49</sup>

## Classic Malt

12 oz. - 5<sup>49</sup>

16 oz. - 6<sup>99</sup>

## Float Your Own Boat - 4<sup>99</sup>

2 scoops ice cream & your choice of soda.

Polar Bear Ice Cream  
is locally owned & manufactured  
with all natural ingredients

# KIDS MENU For kids age 12 and under please!

Biddy Betty - 4<sup>99</sup>

Chicky Tenders - 4<sup>99</sup>

Corn Doggie - 2<sup>99</sup>

Mac and Cheese - 3<sup>99</sup>

½ Grilled Cheese - 3<sup>49</sup>



Kisses, Betty

Takeout  
Menu  
Order to-go!



Downtown  
Santa Cruz

1222 PACIFIC AVE | 831.600.7056

# STARTERS

## Wing My Bell

House made wings smothered in a teriyaki chipotle glaze or Franks Red Hot Buffalo Sauce®. Served with ranch or blue cheese for dipping! - 8<sup>99</sup>

## Nachos O' Lay

Tortilla chips layered with black beans, sharp cheddar cheese, sour cream, homemade salsa and guacamole. - 7<sup>99</sup>  
(Add grilled chicken breast - 3)

## Crispy Calamari

Homemade breaded calamari rings and tentacles, fried crispy and served with cocktail and tartar sauce. - 8<sup>99</sup>

## Chicken Tenders

Regular or Buffalo Style tossed in Franks Red Hot Buffalo Sauce®. Served with a side of BBQ, ranch or blue cheese dressing. - 7<sup>99</sup>

## Popcorn Shrimp

A basket of crunchy fried shrimp served with tartar and cocktail sauce. - 8<sup>99</sup>

# SALADS

**HOMEMADE DRESSINGS:** tangy tahini, eye-talian, creamy blue cheese, balsamic vinaigrette, ranch or chipotle ranch.

Add seasoned grilled chicken breast, turkey breast, salmon, veggie, beef, turkey patty or Portabella to any salad - 3<sup>50</sup>.

## Rough & Ready

Mixed greens, shredded carrot, cucumber, tomato, almonds and dried cranberries. - 5<sup>99</sup>

## Taco Teaser

Chopped greens topped with black beans, corn, crispy corn tortilla chips, seasoned grilled chicken, guacamole, fresh cheddar cheese and chipotle ranch. - 10<sup>99</sup>

## The Wedgie

Iceberg lettuce with bacon, avocado and blue cheese dressing. A crisp wedge of heaven. - 6<sup>99</sup>

## Caesar Salad

Fresh chopped romaine hearts and crunchy homemade croutons tossed in creamy Caesar dressing with grated Parmesan cheese on top. - 6<sup>99</sup> *Wrap it - 7<sup>99</sup>*

## Betty on Top

Rough & Ready salad with a grilled chicken breast, salmon, veggie, beef, turkey patty, or portabella on top. - 8<sup>99</sup>

# BURGERS N' DOGS

**ALL BURGERS ARE DRESSED WITH LETTUCE, TOMATOES, RED ONIONS, PICKLES AND LUBE. BETTY'S LUBES ARE ALL MAYONNAISE BASED.**

All burgers available 'BAREBACK STYLE' aka lettuce wrapped.

Substitutes:  
Gluten free bun - 1<sup>50</sup>  
Portabella mushroom - 1.

Betty burgers are made with fresh, all natural pasture raised beef. **NO ANTIBIOTICS, NO HORMONES IN HER BEEF EVER!**

## Basic Betty

1/3 lb. all natural burger with Betty's secret lube. - 6<sup>99</sup>

## Big Betty

1/2 lb. all natural burger with Betty's secret lube. - 7<sup>99</sup>

## Double Dutch

1 lb. all natural beef with Betty's secret lube. - 10<sup>99</sup>

## Point Grinder

Bacon, sautéed mushrooms, blue cheese and green onion lube. - 9<sup>99</sup>

## Mad Mex

Fresh guacamole, pepper jack cheese and mild chipotle lube. - 8<sup>99</sup>

## Texas Two Step

Onion rings, bacon, cheddar and Betty's homemade BBQ sauce. - 9<sup>99</sup>

## The Duke

Island style burger with grilled pineapple, bacon, cheddar and sweet teriyaki lube. - 9<sup>99</sup>

## Smokin' Betty

Roasted balsamic onions, smoked cheddar cheese, bacon, lettuce, tomato and mayo. - 9<sup>99</sup>

## Good Ol' Fashion Patty Melt

Grilled onions, swiss cheese melted and Betty's secret lube on toasty rye bread. - 8<sup>99</sup>  
Add sautéed mushrooms for 95¢

## Chick-A-Dee

Seasoned grilled chicken breast with Betty's secret lube on a whole wheat bun. - 7<sup>99</sup>

## The Gobbler

Ground turkey burger with green onion lube on a whole wheat bun. - 7<sup>99</sup>

## Slammin' Salmon

Salmon burger with green onion lube on a whole wheat bun. - 9<sup>99</sup>

## Tracker in the Grass

Homemade veggie burger with Betty's secret lube served on a whole wheat bun. - 7<sup>99</sup>

## Lucky Lady

8" plump all-beef hot dog in a bun. - 4<sup>99</sup>

## Chili Dog

8" plump all-beef hot dog in a bun with homemade chili, cheese and chopped onions. - 6<sup>99</sup>

# ADDITIONS

cheese 75¢  
American  
Swiss  
Cheddar  
Smoked Cheddar  
Pepper Jack  
Crumbled Blue  
Provolone

scoop of chili 95¢

sautéed onions 50¢

sautéed mushrooms 95¢

2 onion rings - 1<sup>25</sup>

marinated & grilled pineapple 95¢

guacamole - 1<sup>25</sup>

bacon - 1<sup>25</sup>

avocado slices - 1<sup>25</sup>

fried egg, over-easy - 1<sup>25</sup>

# SANDWICHES

Betty's dressings and lubes are all mayonnaise based. Served with a side of chips. Sub french fries - 1<sup>25</sup>.

## Oven Roasted Turkey Sandwich

Classic Turkey Sandwich—Fresh roasted turkey served cold with cranberry sauce and mayo on whole wheat or sourdough bread. We roast our own for good juicy white meat. - 8<sup>99</sup>

## Shrimp Po' Girl

Crunchy fried shrimp, shredded lettuce and kickin' chipotle lube served nestled in a sweet French roll—Betty's Po' Girl puts a Po' Boy to shame. - 9<sup>99</sup>

## Grilled Cheese

A blend of 3 cheeses grilled on sourdough bread. - 6<sup>99</sup>  
(Add bacon or turkey - 2)

## Betty Likes it Tender (BLT)

Crispy bacon, lettuce, tomato and avocado with Betty's green onion lube served on toasted sourdough or whole wheat bread. - 9<sup>99</sup>

## Veggie Surprise

Grilled Portabella mushroom, zucchini and red bell peppers with roasted balsamic onions, provolone cheese, fresh spinach and mayo. Served warm on toasted sourdough or whole wheat bread. - 9<sup>99</sup>

## Mama's Fried

## Chicken Sandwich

Chicken breast coated with our signature fried chicken batter, lettuce, tomato, red onion and chipotle lube served on a burger bun. - 8<sup>99</sup>



# SOUP N' CHILI

## Liquid Love

cup - 3<sup>49</sup> bowl - 4<sup>99</sup>  
Homemade Chicken Noodle Soup with **a dash of cream**. Best ever, don't need no other.

## Blast Off Chili

cup - 3<sup>99</sup> bowl - 5<sup>99</sup>  
Homemade kick-butt chili and beans with sharp cheddar cheese, sour cream and red onions.