

# FRIES & RINGS

Crispy Fries (trans-fat free) Reg ~4 Basket ~6

Sweet Potato Fries Reg ~6 Basket ~8

Garlic Fries Reg ~6 Basket ~8

Crunchy Onion Rings ~8

50% Crispy n' Sweet Fries ~7

50% Crispy Fries n' Onion Rings ~7

50% Sweet Fries n' Onion Rings ~7

Chili Cheese Fries ~13



## ADDITIONS

<i>cheese ~1<sup>00</sup></i>	<i>scoop of chili ~2<sup>50</sup></i>	<i>grilled pineapple ~1<sup>50</sup></i>
American	<i>sautéed onions ~1</i>	<i>guacamole ~3</i>
Cheddar	<i>sautéed mushrooms ~1<sup>50</sup></i>	<i>avocado slices ~2<sup>50</sup></i>
Swiss	<i>2 onion rings ~2</i>	<i>fried egg ~2</i>
Pepper Jack	<i>bacon ~2<sup>50</sup></i>	
Blue (no crumbled)		
Smoked Cheddar		

# DESSERTS

## Lava Cake ~9

Molten chocolate lava cake with your choice of ice cream.

## Ice Cream Sundae

Your choice of ice cream topped with choice of chocolate, white chocolate & raspberry sauce. Whipped cream, sprinkles and a cherry.

Flavors: Vanilla, Chocolate, Strawberry, Cookies & Cream, Dirty Paws, Thin Mint, Monkey Business, Cappuccino Chip

Sundae Double Scoop ~8 Single Scoop of Ice Cream ~5

Sundae Triple Scoop ~9 Double Scoop of Ice Cream ~7

# SHAKE IT UP

## ICE CREAM FLAVORS:

Vanilla, Chocolate, Strawberry, Cookies & Cream, Dirty Paws, Thin Mint, Monkey Business, Cappuccino Chip

12 oz. ~8 16 oz. ~10

## Classic Malt

12 oz. ~9 16 oz. ~11

Float Your Boat ~9

Shakes and Malts made with ice cream and milk the good ol' fashioned way



Kisses, Betty

# DRINKS

Fountain Drinks ~4

Ginger Beer ~6

Orange Juice ~4

Cranberry Juice ~4

Pineapple Juice ~4

Apple Juice ~4

Milk ~4

# KIDS MENU

For kids age 12 and under please!

## Biddy Betty with Fries ~10

1/4 lb all natural beef burger with lettuce, tomato, onion, pickle and lube. Served with fries.

## Chicky Tenders ~9

4 Crispy breaded chicken tenders with your choice of dipping sauce. Served with fries.

## Corn Doggie ~5

Honey cornmeal batter dipped dog, deep fried on a stick.

## Half Grilled Cheese ~5

Choice of cheese melted on toasted sourdough.

Polar Bear Ice Cream is locally owned & manufactured with all natural ingredients

Takeout  
Menu  
Order to-go!



Downtown  
Santa Cruz

1222 PACIFIC AVE | 831.600.7056

# START ME UP

*Soup of the Day* cup ~7 bowl ~10

## *Nachos O'Lay* ~12

Tortilla chips layered with black beans, sharp cheddar cheese, sour cream, homemade salsa and guacamole.

Add Chili ~4 Add Chicken ~6 Add Tri-Tip ~8

## *Wing My Bell* 6 ~9 | 12 ~18 | 18 ~26

Chicken wings smothered in your choice of Buffalo, Teriyaki, BBQ or Mango Habanero. Served with Ranch or Blue Cheese.

## *Fred's Cheese Curds* ~10

Wisconsin white cheddar cheese curds coated in a savory ranch flavored breading with marinara dipping sauce.

## *Nashville Buffalo Cauliflower* ~10

Premium white cauliflower florets in a spicy Nashville hot breading with our rancho amore dressing.

## *Texas Twist with Beer Cheese* ~8

Fresh Bavarian soft pretzel with a light salting, paired with a Fat Tire beer cheese dip.

## *Okie Dokie Artichokie* ~12

Deep fried artichokes hand breaded in Moss Landing.

# SALADS

**HOMEMADE DRESSINGS:** Tangy Tahini, Eye-Talian, Creamy Blue Cheese, Ranch, Chipotle Ranch, Caesar or Balsamic and Olive Oil.

## *Rough & Ready* ~11

Mixed greens, shredded carrot, cucumber, tomato, almonds and dried cranberries.

## *Side Salad* ~7

A smaller version of our Rough & Ready salad.

## *Betty on Top* ~15

Rough & Ready salad with a choice of grilled chicken breast, veggie, beef, salmon or turkey patty on top.

## *Caesar Salad* ~12 Add Chicken ~6

Romain lettuce, Caesar dressing, croutons and parmesan cheese.

# BURGERS

**BURGERS ARE DRESSED WITH LETTUCE, TOMATOES, RED ONIONS, PICKLES AND BETTY'S SECRET LUBE. ALL LUBES ARE MAYONNAISE BASED.**

All burgers are available lettuce wrapped.

Gluten free bun ~2

2 lubes per person, each additional 25¢

Betty burgers are made with fresh, all natural pasture raised beef.  
**NO ANTIBIOTICS, NO HORMONES**  
IN HER BEEF EVER!

All Burgers come with fries.

Substitute curly, sweet or garlic fries ~2

## *Basic Betty* ~15

1/3 lb. all natural antibiotic free burger.

## *Big Betty* ~16

1/2 lb. all natural antibiotic free burger.

## *Double Dutch* ~22

Two 1/2 lb. all natural antibiotic freeburgers.

## *Point Grinder* ~18

Bacon, sautéed mushrooms, blue cheese with green onion lube.

## *Mad Mex* ~18

Fresh guacamole, pepper jack cheese and mild chipotle lube.

## *Texas Two Step* ~18

Onion rings, bacon, cheddar and Betty's homemade BBQ sauce.

## *The Duke* ~18

Island style burger with grilled pineapple, bacon, cheddar cheese and a sweet teriyaki lube.

## *Smokin' Betty* ~18

Roasted balsamic onions, smoked cheddar cheese, bacon, lettuce, tomato and mayo.

## *Patty Melt* ~17

1/3 lb. patty, roasted balsamic onions, Swiss cheese on toasted sourdough.

## *Chick-A-Dee* ~15

Seasoned grilled chicken breast with Betty's secret lube on a whole wheat bun.

## *Fried Chicken Sando* ~16

Chicken breast coated with our signature house made batter, deep fried and served on a regular bun with chipotle lube.

## *Buffalo Style Sando* ~18

The original tossed in house made buffalo sauce topped with blue cheese.

## *The Gobbler* ~15

Ground turkey burger with green onion lube on a whole wheat bun.

## *Slammin' Salmon* ~16

Salmon burger with green onion lube on a whole wheat bun.

## *Tracks in the Grass* ~16

Homemade veggie burger served on a whole wheat bun.

## *Beyond Burger* ~17

Plant based patty with vegan lube on a vegan bun.

# DOGS

## *Hot Diggity Dog* ~7

8" Plump all-beef hot dog in a toasted bun.

## *Chili Dog* ~10

8" Plump all-beef hot dog in a toasted bun with homemade chili, cheese and chopped onions.

## *Corn Doggie* ~5

Honey cornmeal batter dipped dog, deep fried on a stick.

# SANDWICHES

All sandwiches come with fries.  
Substitute curly, sweet or garlic fries ~2

## *2-Tip* ~18

Seasoned Tri-Tip served on a hoagie roll with homemade coleslaw, pickles, BBQ sauce and green onion lube.

## *Dip Your Tip* ~19

Season Tri-Tip served on a hoagie roll with cheddar cheese, sautéed onions, Betty's secret lube and a side of Au Jus.

## *Cow Tipper* ~20

Tri-Tip served on grilled sourdough with Swiss cheese, avocado, sautéed onions and mushrooms and Betty's house made chipotle lube.

## *"Oh My Cod"* ~16

Beer battered Alaskan cod on a hoagie roll with lettuce, tomato, onion, pickles and tartar sauce.

## *Livin' on the Veg* ~16

Oven roasted zucchini, red bell peppers, portobello mushrooms and balsamic onions on toasted sourdough with vegan lube.

## *Betty Likes it Tender (BLTA)* ~15

Crispy bacon, lettuce, tomato, and avocado with Betty's green onion lube served on toasted sourdough.

## *Melt My Heart* ~12

Slices of cheddar cheese melted between two slices of toasted sourdough.

# PLATES

## *Fish N' Chips* ~22

Beer battered Alaskan cod with fries, cocktail and tartar sauce.

## *Finger Lickin' Fried Chicken* ~20

Betty's secret recipe for a succulent thigh, leg, and breast. Served with choice of mashed potatoes or fries.

## *Chicken Tenders* ~14

Six crispy breaded chicken tenders, plain or tossed in buffalo sauce. Served with fries and a side of BBQ, ranch or blue cheese for dipping.

## *Mac Daddy* ~17

White cheddar mac n' cheese, topped with grilled chicken breast, bacon bits and breadcrumbs.

## *Mac n' Cheese* cup ~6 bowl ~9

White cheddar mac n' cheese with bacon.

## *Blast off Chili* cup ~7 bowl ~10

Homemade kick-butt beef and bean chili with sharp cheddar cheese, sour cream and red onions.