

ENTREES

Finger Lickin'

Fried Chicken - 15⁹⁹

Betty's secret recipe for super succulent hormone free thigh, leg and breast. Served with a biscuit and your choice of mashed potatoes or french fries.

Hot Turkey Plate - 13⁹⁹

Hot turkey sandwich topped with homemade gravy. Served open face on a dutch crunch roll over mashed potatoes with cranberry sauce and a side of peas.

Mac Daddy - 8⁹⁹

A manly portion of cheesy macaroni goodness, topped with crispy bacon.

Beer Battered

Fish n' Chips - 14⁹⁵

Served with crispy fries, cocktail and tartar sauce.

Magic Shroom - 13⁹⁹

Balsamic marinated Portabella mushroom, grilled and served over mashed potatoes with a side of seasonal veggies. It's mind altering.

SIDES

(Fries are trans-fat free.)

Crispy Fries

Reg - 2²⁹

Basket - 3⁹⁹

Sweet Potato Fries

Reg - 3⁹⁹

Basket - 5⁴⁹

Garlic Fries

Reg - 3⁹⁹

Basket - 5⁴⁹

Crunchy Onion

Rings - 5⁴⁹

50% Crispy n'

Sweet Fries - 4⁹⁹

50% Crispy Fries n'

Onion Rings - 4⁹⁹

50% Sweet Fries n'

Onion Rings - 5⁴⁹

Chili Cheese Fries

- 7⁴⁹

Mashed Potatoes

(no gravy) - 3⁴⁹

Gravy 50¢

Homemade

Coleslaw - 3⁴⁹

Cheese 75¢

Mixed Seasonal

Veggies - 4⁴⁹

2 Buttermilk

Biscuits - 1⁹⁹

Sliced

Avocado - 1⁵⁰

ICE CREAM & SHAKES

POLAR BEAR FEATURED FLAVORS:

Chocolate, Vanilla, Strawberry, Thin Mint, Dirty Paws, Cake Batter, Milk & Cookies, Monkey Business, Turkish Coffee, Flavor of the Month.

Cone or Cup

Single - 3²⁵

Double - 4⁹⁹

Shakes

12 oz. - 6⁴⁹

16 oz. - 7⁹⁹

Classic Malt

12 oz. - 6⁹⁹

16 oz. - 8⁴⁹

Float Your Own Boat - 6⁴⁹

2 scoops ice cream & your choice of soda.

Shakes and Malts made with ice cream and milk the good ol' fashioned way

Polar Bear Ice Cream is locally owned & manufactured with all natural ingredients

KIDS MENU

For kids age 12 and under please!

Biddy Betty - 5⁹⁹

1/4 lb all natural beef with lettuce, tomato, onion, pickle and lube.

Chicky Tenders - 4⁹⁹

Corn Doggie - 3²⁵

Mac and Cheese - 4⁹⁹

½ Grilled Cheese - 3⁹⁹



Kisses, Betty

Takeout
Menu
Order to-go!



Downtown
Santa Cruz

1222 PACIFIC AVE | 831.600.7056

STARTERS

Wing My Bell

House made wings smothered in a teriyaki chipotle glaze or Franks Red Hot Buffalo Sauce®. Served with ranch or blue cheese for dipping. ~9⁹⁹

Nachos O' Lay

Tortilla chips layered with black beans, sharp cheddar cheese, sour cream, homemade salsa and guacamole. ~8⁹⁹
(Add grilled chicken breast -3)

Crispy Calamari

Homemade breaded calamari rings and tentacles, fried crispy and served with cocktail and tartar sauce. ~9⁹⁹

Chicken Tenders

Regular or Buffalo Style tossed in Franks Red Hot Buffalo Sauce®. Served with a side of BBQ, ranch or blue cheese dressing. ~7⁹⁹

Popcorn Shrimp

A basket of crunchy fried shrimp served with tartar and cocktail sauce. ~9⁹⁹

SALADS

HOMEMADE DRESSINGS: tangy tahini, eye-talian, creamy blue cheese, balsamic vinaigrette, ranch or chipotle ranch.

Add seasoned grilled chicken breast, turkey breast, salmon, veggie, beef, turkey patty or Portabella to any salad -3⁵⁰.

Rough & Ready

Mixed greens, shredded carrot, cucumber, tomato, almonds and dried cranberries. ~7⁴⁹

Betty on Top

Rough & Ready salad with a grilled chicken breast, salmon, veggie, beef, turkey patty, or portabella on top. ~10⁴⁹

Taco Teaser

Chopped greens topped with black beans, corn, crispy corn tortilla chips, seasoned grilled chicken, guacamole, fresh cheddar cheese and chipotle ranch. ~11⁹⁹

Caesar Salad

Fresh chopped romaine hearts and crunchy homemade croutons tossed in creamy Caesar dressing with grated Parmesan cheese on top. ~7⁴⁹ *Wrap it* ~8⁴⁹

The Wedgie

Iceberg lettuce with bacon, avocado and blue cheese dressing. A crisp wedge of heaven. ~8⁴⁹

Pork in the Hay ~10⁹⁹

Slow roasted pork served over apple and red onion coleslaw and a tangy honey mustard vinaigrette. A big mound of mmm...

BURGERS N' DOGS

ALL BURGERS ARE DRESSED WITH LETTUCE, TOMATOES, RED ONIONS, PICKLES AND LUBE. BETTY'S LUBES ARE ALL MAYONNAISE BASED.

All burgers available lettuce wrapped.

Substitutes:
Gluten free bun ~2
Patty with Portabella mushroom ~1 extra.

Betty burgers are made with fresh, all natural pasture raised beef. **NO ANTIBIOTICS, NO HORMONES IN HER BEEF EVER!**

Basic Betty

1/3 lb. all natural burger with Betty's secret lube. ~7⁹⁹

Big Betty

1/2 lb. all natural burger with Betty's secret lube. ~8⁹⁹

Double Dutch

1 lb. all natural beef with Betty's secret lube. ~13⁴⁹

Point Grinder

Bacon, sautéed mushrooms, blue cheese and green onion lube. ~10⁹⁹

Mad Mex

Fresh guacamole, pepper jack cheese and mild chipotle lube. ~9⁹⁹

Texas Two Step

Onion rings, bacon, cheddar and Betty's homemade BBQ sauce. ~10⁹⁹

The Duke

Island style burger with grilled pineapple, bacon, cheddar and sweet teriyaki lube. ~10⁹⁹

Smokin' Betty

Roasted balsamic onions, smoked cheddar cheese, bacon, lettuce, tomato and mayo. ~10⁹⁹

Good Ol' Fashion Patty Melt

Grilled onions, swiss cheese melted and Betty's secret lube on toasty rye bread. ~10⁴⁹
Add sautéed mushrooms for 95¢

Chick-A-Dee

Seasoned grilled chicken breast with Betty's secret lube on a whole wheat bun. ~7⁹⁹

The Gobbler

Ground turkey burger with green onion lube on a whole wheat bun. ~7⁹⁹

Slammin' Salmon

Salmon burger with green onion lube on a whole wheat bun. ~8⁹⁹

Tracks in the Grass

Homemade veggie burger with Betty's secret lube served on a whole wheat bun. ~7⁹⁹

Lucky Lady

8" plump all-beef hot dog in a bun. ~5⁹⁹

Chili Dog

8" plump all-beef hot dog in a bun with home-made chili, cheese and chopped onions. ~7⁹⁹

ADDITIONS

- cheese 75¢
- American
- Swiss
- Cheddar
- Smoked Cheddar
- Pepper Jack
- Crumbled Blue
- Provolone
- scoop of chili ~1⁵⁰
- sautéed onions 95¢
- sautéed mushrooms ~1⁵⁰
- 2 onion rings ~1²⁵
- marinated & grilled pineapple ~1
- guacamole ~1⁵⁰
- bacon ~1⁵⁰
- avocado slices ~1⁵⁰
- fried egg, over-easy ~1⁵⁰

BURGERS AND FRIES SOLD SEPARATELY

SANDWICHES

Betty's dressings and lubes are all mayonnaise based. Served with a side of chips. Sub regular fries ~1²⁵, sweet potato or garlic ~2.

Oven Roasted Turkey Sandwich

Classic Turkey Sandwich—Fresh roasted turkey served cold with cranberry sauce and mayo on whole wheat or sourdough bread. We roast our own for good juicy white meat. ~11⁹⁹

Shrimp Po' Girl

Crunchy fried shrimp with lettuce, tomato, onion and chipotle lube served in a sweet French roll—Betty's Po' Girl puts a Po' Boy to shame. ~11⁹⁹

Grilled Cheese

A blend of 3 cheeses grilled on sourdough bread. ~8⁹⁹
(Add bacon or turkey ~2)

Tramp on a Roll ~10⁹⁹

Slow Roasted Pork Sandwich with apple and red onion coleslaw and green onion lube served on a sweet French roll.

Betty Likes it Tender (BLT)

Crispy bacon, lettuce, tomato and avocado with Betty's green onion lube served on toasted sourdough or whole wheat bread. ~11⁹⁹

Veggie Surprise

Grilled Portabella mushroom, zucchini and red bell peppers with roasted balsamic onions, provolone cheese, fresh spinach and mayo. Served warm on toasted sourdough or whole wheat bread. (can change seasonally) ~10⁹⁹

Mama's Fried

Chicken Sandwich

Chicken breast coated with our signature fried chicken batter, lettuce, tomato, red onion and chipotle lube served on a burger bun. ~10⁹⁹

Buffalo Style with Blue Cheese ~12⁹⁹

SOUP N' CHILI

Liquid Love

cup -3⁴⁹ bowl -4⁹⁹
Homemade Chicken Noodle Soup with **a dash of cream**. Best ever, don't need no other.

Blast Off Chili

cup -4⁴⁹ bowl -5⁹⁹
Homemade kick-butt chili and beans with sharp cheddar cheese, sour cream and red onions.

