

ENTREES

Finger Lickin' Fried Chicken ~13⁹⁹
Betty's secret recipe for super succulent hormone free thigh, leg and breast. Served with a biscuit and your choice of mashed potatoes or french fries. (Please allow extra time for this dish, good things are worth the wait).

Hot Turkey Plate ~12⁴⁹
Hot turkey sandwich topped with homemade gravy. Served open face on a dutch crunch roll over mashed potatoes with cranberry sauce and a side of peas.

Mac Daddy ~8⁹⁹
A manly portion of cheesy macaroni goodness, topped with crispy bacon.

Beer Battered Fish n' Chips ~12⁹⁹
Kona Longboard battered cod, fried crispy. Served with crispy fries, cocktail and tartar sauce.

Magic Shroom ~12⁹⁹
Balsamic marinated Portabella mushroom, grilled and served over mashed potatoes with a side of seasonal veggies. It's mind altering.

Pork in the Hat ~10⁹⁹
Slow roasted pork served over apple and red onion coleslaw and a tangy honey mustard vinaigrette. A big mound of mmm...

SIDES

(Fries are trans-fat free.)

- | | | |
|---|--|---|
| Crispy Fries
Reg ~1 ⁷⁹
Basket ~2 ⁹⁹ | 50% Crispy n' Sweet Fries ~3 ⁹⁹ | Homemade Coleslaw ~3 ⁴⁹ |
| Sweet Potato Fries
Reg ~3 ⁴⁹
Basket ~4 ⁹⁹ | 50% Crispy Fries n' Onion Rings ~3 ⁹⁹ | Cheese 75¢ |
| Garlic Fries
Reg ~3 ⁴⁹
Basket ~4 ⁹⁹ | 50% Sweet Fries n' Onion Rings ~4 ⁹⁹ | Mixed Seasonal Veggies ~4 ⁴⁹ |
| Crunchy Onion Rings ~4 ⁹⁹ | Chili Cheese Fries ~6 ⁹⁹ | 2 Buttermilk Biscuits ~1 ⁹⁹ |
| | Mashed Potatoes (no gravy) ~3 ⁴⁹ | Chips ~1 ⁹⁹ |
| | Gravy 50¢ | Sliced Avocado ~1 ⁵⁰ |

ICE CREAM & SHAKES

POLAR BEAR FEATURED FLAVORS:
Chocolate, Vanilla, Strawberry, Thin Mint, Dirty Paws, Cake Batter, Milk & Cookies, Monkey Business, Turkish Coffee, Flavor of the Month.

- | | | |
|--|-------------------------|-------------------------|
| <i>Cone or Cup</i> | Single ~2 ⁹⁹ | Double ~4 ⁹⁹ |
| <i>Shakes</i> | 12 oz. ~5 ⁴⁹ | 16 oz. ~6 ⁹⁹ |
| <i>Classic Malt</i> | 12 oz. ~6 ⁹⁹ | 16 oz. ~7 ⁴⁹ |
| <i>Float Your Own Boat</i> ~4 ⁹⁹
2 scoops ice cream & your choice of soda. | | |

Polar Bear Ice Cream is locally owned & manufactured with all natural ingredients

KIDS MENU

For kids age 12 and under please!

- Biddy Betty ~4⁹⁹
- Chicky Tenders ~4⁹⁹
- Corn Doggie ~2⁹⁹
- Mac and Cheese ~3⁹⁹
- ½ Grilled Cheese ~3⁴⁹



Takeout
Menu
Order to-go!



*Downtown
Santa Cruz*

1222 PACIFIC AVE | 831.600.7056

STARTERS

Wing My Bell

House made wings smothered in a teriyaki chipotle glaze or Franks Red Hot Buffalo Sauce®. Served with ranch or blue cheese for dipping! - 8⁹⁹

Nachos O' Lay

Tortilla chips layered with black beans, sharp cheddar cheese, sour cream, homemade salsa and guacamole. - 8⁴⁹
(Add grilled chicken breast - 3)

Crispy Calamari

Homemade breaded calamari rings and tentacles, fried crispy and served with cocktail and tartar sauce. - 9⁹⁹

Chicken Tenders

Regular or Buffalo Style tossed in Franks Red Hot Buffalo Sauce®. Served with a side of BBQ, ranch or blue cheese dressing. - 7⁹⁹

Popcorn Shrimp

A basket of crunchy fried shrimp served with tartar and cocktail sauce. - 8⁹⁹

SALADS

HOMEMADE DRESSINGS: tangy tahini, eye-talian, creamy blue cheese, balsamic vinaigrette, ranch or chipotle ranch.

Add seasoned grilled chicken breast, turkey breast, salmon, veggie, beef, turkey patty or Portabella to any salad - 3⁵⁰.

Rough & Ready

Mixed greens, shredded carrot, cucumber, tomato, almonds and dried cranberries. - 6⁴⁹

Taco Teaser

Chopped greens topped with black beans, corn, crispy corn tortilla chips, seasoned grilled chicken, guacamole, fresh cheddar cheese and chipotle ranch. - 10⁹⁹

The Wedgie

Iceberg lettuce with bacon, avocado and blue cheese dressing. A crisp wedge of heaven. - 7⁹⁹

Caesar Salad

Fresh chopped romaine hearts and crunchy homemade croutons tossed in creamy Caesar dressing with grated Parmesan cheese on top. - 6⁹⁹
Wrap it - 7⁹⁹

Betty on Top

Rough & Ready salad with a grilled chicken breast, salmon, veggie, beef, turkey patty, or portabella on top. - 9⁴⁹

BURGERS N' DOGS

ALL BURGERS ARE DRESSED WITH LETTUCE, TOMATOES, RED ONIONS, PICKLES AND LUBE. BETTY'S LUBES ARE ALL MAYONNAISE BASED.

All burgers available
'BAREBACK STYLE'
aka lettuce wrapped.

Substitutes:
Gluten free bun - 1⁵⁰
Patty with Portabella mushroom - 1 extra.

Betty burgers are made with fresh, all natural pasture raised beef.
NO ANTIBIOTICS, NO HORMONES IN HER BEEF EVER!

Basic Betty

1/3 lb. all natural burger with Betty's secret lube. - 7⁴⁹

Big Betty

1/2 lb. all natural burger with Betty's secret lube. - 8⁴⁹

Double Dutch

1 lb. all natural beef with Betty's secret lube. - 11⁴⁹

Point Grinder

Bacon, sautéed mushrooms, blue cheese and green onion lube. - 10⁴⁹

Mad Mex

Fresh guacamole, pepper jack cheese and mild chipotle lube. - 9⁴⁹

Texas Two Step

Onion rings, bacon, cheddar and Betty's homemade BBQ sauce. - 10⁴⁹

The Duke

Island style burger with grilled pineapple, bacon, cheddar and sweet teriyaki lube. - 10⁴⁹

Smokin' Betty

Roasted balsamic onions, smoked cheddar cheese, bacon, lettuce, tomato and mayo. - 9⁹⁹

Good Ol' Fashion Patty Melt

Grilled onions, swiss cheese melted and Betty's secret lube on toasty rye bread. - 9⁴⁹
Add sautéed mushrooms for 95¢

Chick-A-Dee

Seasoned grilled chicken breast with Betty's secret lube on a whole wheat bun. - 7⁹⁹

The Gobbler

Ground turkey burger with green onion lube on a whole wheat bun. - 7⁹⁹

Slammin' Salmon

Salmon burger with green onion lube on a whole wheat bun. - 9⁴⁹

Tracker in the Grass

Homemade veggie burger with Betty's secret lube served on a whole wheat bun. - 7⁹⁹

Betty Beer Brat

Pale ale brat in a fresh baked jumbo bun with sautéed onions. - 7⁹⁹

Lucky Lady

8" plump all-beef hot dog in a bun. - 5⁴⁹

Chili Dog

8" plump all-beef hot dog in a bun with home-made chili, cheese and chopped onions. - 7⁴⁹

ADDITIONS

- cheese 75¢
- American
- Swiss
- Cheddar
- Smoked Cheddar
- Pepper Jack
- Crumbled Blue
- Provolone
- scoop of chili - 1⁵⁰
- sautéed onions 95¢
- sautéed mushrooms - 1⁵⁰
- 2 onion rings - 1²⁵
- marinated & grilled pineapple - 1
- guacamole - 1⁵⁰
- bacon - 1⁵⁰
- avocado slices - 1⁵⁰
- fried egg, over-easy - 1⁵⁰

SANDWICHES

Betty's dressings and lubes are all mayonnaise based. Served with a side of chips. Sub regular fries - 1²⁵, sweet potato or garlic - 2.

Oven Roasted Turkey Sandwich

Classic Turkey Sandwich—Fresh roasted turkey served cold with cranberry sauce and mayo on whole wheat or sourdough bread. We roast our own for good juicy white meat. - 8⁹⁹

Shrimp Po' Girl

Crunchy fried shrimp, shredded lettuce and kickin' chipotle lube served nestled in a sweet French roll—Betty's Po' Girl puts a Po' Boy to shame. - 9⁹⁹

Grilled Cheese

A blend of 3 cheeses grilled on sourdough bread. - 6⁹⁹
(Add bacon or turkey - 2)

Tramp on a Roll - 8⁹⁹

Slow Roasted Pork Sandwich with apple and red onion coleslaw and green onion lube served on a sweet French roll.

Betty Likes it Tender (BLT)

Crispy bacon, lettuce, tomato and avocado with Betty's green onion lube served on toasted sourdough or whole wheat bread. - 9⁹⁹

Veggie Surprise

Grilled Portabella mushroom, zucchini and red bell peppers with roasted balsamic onions, provolone cheese, fresh spinach and mayo. Served warm on toasted sourdough or whole wheat bread. - 9⁹⁹

Mama's Fried

Chicken Sandwich

Chicken breast coated with our signature fried chicken batter, lettuce, tomato, red onion and chipotle lube served on a burger bun. - 9⁹⁹

SOUP N' CHILI

Liquid Love

cup - 3⁴⁹ bowl - 4⁹⁹
Homemade Chicken Noodle Soup with **a dash of cream**. Best ever, don't need no other.

Blast Off Chili

cup - 4⁴⁹ bowl - 5⁹⁹
Homemade kick-butt chili and beans with sharp cheddar cheese, sour cream and red onions.

