



## STARTERS

### *Skinny Dippers* ~5.<sup>49</sup>

Fresh, seasonal veggie platter served with homemade ranch dressing.

### *Wing My Bell* ~6.<sup>95</sup>

House made wings smothered in a teriyaki chipotle glaze or Franks Red Hot Buffalo Sauce®. Served with ranch or blue cheese for dipping!

### *Popcorn Shrimp* ~8.<sup>95</sup>

A basket of crunchy fried shrimp served with tartar and cocktail sauce.

### *Nachos O' Lay* ~7.<sup>95</sup>

Tortilla chips layered with black beans, sharp cheddar cheese, sour cream, homemade salsa and guacamole.  
(Add grilled chicken breast ~3)

### *Baked Potato Skins*

#### *(3/Basket)* ~5.<sup>95</sup>

Potato skins topped with melted cheddar cheese, crispy bacon bits, green onions and sour cream.

### *Crispy Calamari* ~8.<sup>95</sup>

Homemade breaded calamari rings and tentacles, fried crispy and served with cocktail and tartar sauce.

### *Chicken Tenders* ~5.<sup>95</sup>

Regular or Buffalo Style tossed in Franks Red Hot Buffalo Sauce®. Served with a side of BBQ, ranch or blue cheese dressing.

## SALADS

**Homemade dressings:** tangy tahini, eye-talian, creamy blue cheese, balsamic vinaigrette, ranch or chipotle ranch.

### *Rough & Ready* ~5.<sup>49</sup>

Mixed greens, shredded carrot, cucumber, tomato, almonds and dried cranberries.

### *Taco Teaser* ~10.<sup>95</sup>

Chopped greens topped with black beans, corn, crispy corn tortilla chips, seasoned grilled chicken, guacamole, fresh cotija cheese and chipotle ranch.

### *The Wedgie* ~6.<sup>95</sup>

Iceberg lettuce with bacon, avocado and blue cheese dressing. A crisp wedge of heaven.

### *Pork in the Hay* ~8.<sup>95</sup>

Slow roasted pork served over apple and red onion coleslaw with fresh cotija cheese and a tangy honey mustard vinaigrette. A big mound of mmm...

### *Caesar Salad* ~6.<sup>95</sup>

Fresh chopped romaine hearts and crunchy homemade croutons tossed in creamy caesar dressing with grated Parmesan cheese on top.

### *Betty on Top* ~8.<sup>95</sup>

Rough & Ready salad with a grilled chicken breast, salmon, veggie, beef or turkey patty on top.

(Substitute Portabella ~1)

### *Cobb Salad* ~10.<sup>95</sup>

Chopped greens, ham, seasoned grilled chicken, bacon bits, crumbled blue cheese, tomatoes, avocado and hard-boiled egg.

\*\*\* Add seasoned grilled chicken breast to any salad ~3

# SOUP N' CHILI

## *Liquid Love*

cup ~**3.49** bowl ~**4.95**

Homemade Chicken Noodle Soup with **a dash of cream**. Best ever, don't need no other.

## *Blast Off Chili*

cup ~**3.95** bowl ~**5.95**

Homemade kick-butt chilli and beans with sharp cheddar cheese, sour cream and red onions.

# BURGERS N' HOT DOGS

Betty burgers are made with fresh, all natural pasture raised beef. **NO antibiotics, NO hormones in her beef ever!** All burgers are dressed with lettuce, tomatoes, red onions, pickles and lube. Betty's lubes are all mayonnaise based.

\*\*\* All burgers available 'bareback style' aka lettuce wrapped. Sub a gluten free bun for ~**1.50**.  
Substitute any burger with a portabella mushroom for ~**1.00**.

## *Basic Betty* ~**5.95**

1/3 lb. burger with Betty's secret lube.

## *Big Betty* ~**6.95**

1/2 lb. all natural burger with Betty's secret lube.

## *Double Dutch* ~**9.95**

Full pound of all natural beef with Betty's secret lube.

## *Point Grinder* ~**8.95**

Bacon, sautéed mushrooms, blue cheese and green onion lube.

## *Mad Mex* ~**8.95**

Fresh guacamole, pepper jack cheese and mild chipotle lube.

## *Texas Two Step* ~**8.95**

Onion rings, bacon, cheddar and Betty's homemade BBQ sauce.

## *The Duke* ~**8.95**

Island style burger with grilled pineapple, bacon, cheddar and sweet teriyaki lube.

## *Smokin' Betty* ~**8.95**

Roasted balsamic onions, smoked cheddar cheese, bacon, lettuce, tomato and mayo.

## *Good Ol' Fashion*

## *Patty Melt* ~**8.95**

Grilled onions, swiss cheese melted and Betty's secret lube on toasty rye bread. Add sautéed mushrooms for ~.95

## *Chick-A-Dee* ~**6.95**

Seasoned grilled chicken breast with Betty's secret lube on a whole wheat bun.

## *The Gobbler* ~**6.95**

Ground turkey burger with green onion lube on a whole wheat bun.

## *Slammin' Salmon* ~**7.95**

Salmon burger with green onion lube on a whole wheat bun.

## *Tracks in the Grass* ~**6.95**

Homemade veggie burger with Betty's secret lube served on a whole wheat bun.

## *Lucky Lady* ~**4.95**

8" plump all-beef hot dog in a bun.

# ADDITIONS

*cheese* .75

**+** American, Swiss, Sharp Cheddar, Pepper Jack, Crumbled Blue, Provolone

*scoop of chili* .95

*sauteed onions* .50

*sauteed mushrooms* .95

*2 onion rings* 1.25

*pineapple-marinated and grilled* .75

*guacamole* 1.25

*bacon* 1.25

*avocado slices* 1.25

# SANDWICHES

Betty's dressings and lubes are all mayonnaise based. Served with a side of homemade chips.

## *Oven Roasted*

### *Turkey Sandwich* ~8.<sup>95</sup>

Classic Turkey Sandwich— Fresh roasted turkey served cold with cranberry sauce and mayo on whole wheat or sourdough bread. We roast our own for good juicy white meat.

### *Shrimp Po' Girl* ~9.<sup>95</sup>

Crunchy fried shrimp, shredded lettuce and kickin' chipotle lube served nestled in a sweet French roll—Betty's Po' Girl puts a Po' Boy to shame.

### *Grilled Cheese* ~6.<sup>95</sup>

A blend of 3 cheeses grilled on sourdough bread.  
(Add ham or turkey ~2)

### *Tramp on a Roll* ~8.<sup>95</sup>

Slow Roasted Pork Sandwich with apple and red onion coleslaw and green onion lube served on a sweet French roll.

### *Caesar Wrap* ~7.<sup>95</sup>

Our caesar salad all wrapped up in a spinach tortilla. (Add seasoned grilled chicken breast ~3)

### *Betty Likes it Tender (BLT)* ~9.<sup>95</sup>

Crispy bacon, lettuce, tomato and avocado with Betty's green onion lube served on toasted sourdough or whole wheat bread.

### *Veggie Surprise* ~9.<sup>95</sup>

Grilled Portabella mushroom, zucchini and red bell peppers with roasted balsamic onions, provolone cheese, fresh spinach and mayo. Served warm on toasted sourdough or whole wheat bread.

### *Tri-Tip Sandwich* ~9.<sup>95</sup>

House marinated, grass-fed tri tip roasted to medium rare with lettuce, tomato, onions and mayo on a sweet French roll.  
(Add cheese ~1.<sup>95</sup>)

### *Chicken Parmesan Sandwich with a Spicy Kick* ~9.<sup>95</sup>

Thinly sliced chicken breast crusted with seasoned breading, topped with Betty's homemade spicy red sauce and provolone cheese served on a sweet French roll.

### *Mama's Fried Chicken Sandwich* ~7.<sup>95</sup>

Chicken breast coated with our signature fried chicken batter, lettuce, tomato, red onion and chipotle lube served on a burger bun.

# ENTREES

## *Finger Lickin'*

### *Fried Chicken* ~12.<sup>95</sup>

Betty's secret recipe for super succulent hormone free thigh, leg and breast. Served with a biscuit and your choice of mashed potatoes, french fries or homemade coleslaw. (Please allow extra time for this dish, good things are worth the wait).

### *Hot Turkey Plate* ~11.<sup>95</sup>

Hot turkey sandwich topped with homemade gravy. Served open face on a dutch crunch roll over mashed potatoes with cranberry sauce and a side of peas.

### *Tri-Tip Plate* ~12.<sup>95</sup>

House marinated, grass-fed tri-tip roasted to medium rare, served with mashed potatoes and fresh seasonal vegetables.

### *Beer Battered*

### *Fish n' Chips* ~9.<sup>95</sup>

Kona Longboard battered cod, fried crispy. Served with crispy fries, cocktail and tartar sauce.

### *Magic Shroom* ~11.<sup>95</sup>

Balsamic marinated Portabella mushroom, grilled and served over mashed potatoes with a side of seasonal veggies.  
It's mind altering.

### *Mac Daddy* ~8.<sup>95</sup>

A manly portion of cheesy macaroni goodness, topped with crispy bacon.

### *Chicken Parmesan over Penne* ~10.<sup>95</sup>

Thinly sliced chicken breast crusted with seasoned breading, served over penne pasta and topped with provolone cheese and our homemade spicy red sauce.



# KIDS MENU

For kids age 12 and under please!

*Biddy Betty* ~3.<sup>95</sup>

*Chicky Tenders* ~4.<sup>95</sup>

*Corn Doggie* ~2.<sup>95</sup>

*Mac and Cheese* ~3.<sup>95</sup>

*1/2 Grilled Cheese* ~3.<sup>95</sup>

## SIDES

*Crispy Fries* (trans-fat free)

Reg ~1.<sup>75</sup> Basket ~2.<sup>95</sup>

*Sweet Potato Fries* (trans-fat and gluten free)

Reg ~3.<sup>25</sup> Basket ~4.<sup>95</sup>

*Garlic Fries* ~4.<sup>49</sup>

*Crunchy Onion Rings* ~4.<sup>95</sup>

*50/50 Crispy n' Sweet Fries* ~3.<sup>95</sup>

*50/50 Crispy Fries n' Onion Rings* ~3.<sup>95</sup>

*50/50 Sweet Fries n' Onion Rings* ~4.<sup>95</sup>

*Chili Cheese Fries* ~5.<sup>49</sup>

*Mashed Potatoes (no gravy)* ~3.<sup>49</sup>

*Mashed Potatoes w/ Cheese* ~4.<sup>25</sup>

*Homemade Gravy* ~.50

*Coleslaw (Homemade Apple & Onion)* ~2.<sup>95</sup>

*Mixed Seasonal Veggies* ~3.<sup>95</sup>

*Homemade Potato Chips* ~1.<sup>75</sup>

*2 Buttermilk Biscuits* ~1.<sup>95</sup>

### My Story

Hi, I'm Betty.

Folks are always askin', "Betty, this is a damn good burger -- best in town -- where did a girl like you learn to make a burger like this?" Well here's my story....

I come from a small speck of a town in the middle of the Texas panhandle. "Big Dutch Dixon" was the only family I ever new. He raised me from the time Mama hitched a ride with a surfer dude passin' through heading out to California. I'll never forget that day. I was just five when we watched Mama wave good bye as the red convertible sped out of town with the Beach Boys blasting on the 8-track. She never looked back. As a kid, I watched those old Gidget movies and thought of Mama and her moon doggie.

Now Dutch didn't have many talents but he could ride a Harley like a greased hog and made a wicked good mesquite burger. Many said the best in Texas. Anyway, like they say, the apple doesn't fall far from the tree and at sixteen I headed west to find Mama. Dutch vowed he'd not cook another burger till I returned. Well, I found plenty of beach boys, some I even loved. One used to call me "Gidget gone bad." I never did find Mama or a burger as good as Dutch's. Dutch passed on a few years back and all he left me was his burger recipe. Hell, I didn't know the man could write, so here I am.

...After years on the road I started to get a little tired of cheap motels and even cheaper eats. I figured my body deserved better... So I got myself a little love shack on wheels, spent a lot of time drivin cross country cookin & entertaining overnight guests, weary souls lookin for a good meal and warm bed. Seems there's something about a bowl of my liquid love (chicken soup) that could bring even the toughest buck to his knees. My foods not fancy, just good and cheap like me. Maybe the key to happiness is a full belly and warm bed.

*Kisses, Betty*



# ICE CREAM & SHAKES

Polar Bear Featured Flavors:

Chocolate, Vanilla, Strawberry, Thin Mint, Dirty Paws, Cake Batter, Milk & Cookies, Monkey Business, Turkish Coffee, Flavor of the Month

## *Cone or Cup*

Single ~2.75

Double ~4.25

## *Shakes*

12 oz. ~4.95

16 oz. ~6.49

## *Classic Malt*

12 oz. ~5.49

16 oz. ~6.95

## *Float Your Own Boat ~4.95*

2 scoops ice cream & your choice of soda.

*Polar Bear Ice Cream  
is locally owned & manufactured  
with all natural ingredients*

# "ADULT" SHAKES

## *Loveshack ~11.50*

Vanilla vodka, coffee liqueur and Baileys with Turkish Coffee ice cream and a chocolate swirl.

## *"The King" Lives ~10.50*

Vanilla vodka & Malibu banana rum with Dirty Paws and Monkey Business ice cream.



## *The Alexander ~10.50*

Brandy and Crème de Cocoa with Vanilla Bean ice cream and a dash of nutmeg.

## *Cubano ~10*

Meyers platinum rum & crème de menthe with Thin Mint ice cream.

## *Mudslide in Cruz Heaven ~11.50*

Vodka, Kaluha and Bailey's with Vanilla Bean ice cream.

## *Orange Cream (K.I.S.S.) sicle ~10*

Orange vodka, Triple Sec and a splash of OJ with Vanilla Bean ice cream.

## *Raspberry Truffle ~10*

Raspberry Vodka and Crème de Cocoa with Chocolate and Turkish Coffee ice cream and a chocolate swirl.

## *Strawberry's Gone Wild ~10.50*

Vodka and Amaretto with Strawberry and Vanilla Bean ice cream.

*Kisses, Betty*



\* 18% GRATUITY INCLUDED ON PARTIES OF 6 OR MORE.  
BETTY TAKES UP TO 3 FORMS OF PAYMENT ON ONE CHECK.

*Signature*

## COCKTAILS

*Check out our*  
**"ADULT" SHAKES**  
*on the dessert menu!*

### *Piña Colada Tini ~8*

Malibu Rum, pineapple juice, a dash of cream. Shaken, served up. Garnished with a cherry.

### *Under the Boardwalk ~8.50*

Captain Morgan Rum, Soli vodka, Peach Schnapps, pineapple and cranberry juices. Shaken, served on the rocks.

### *Orange Ginger Mojito ~9*

Myers light rum, splash of Canton Ginger Liqueur and orange juice. Muddled lime, mint and orange wedge. Shaken, served on the rocks, topped with a splash of soda water.

### *Mule Gone Cruzin ~9*

Kettle One Vodka, splash of Canton Ginger Liqueur, fresh squeezed lime. Shaken, served on the rocks, topped with ginger beer.

### *Betty's got the... "Skinny" on a Margarita ~8*

Hornitos Resposado 100% Agave tequila, Triple Sec, fresh squeezed lime, splash of pomegranate juice. Shaken, served on the rocks, topped with a splash of soda water.

### *Margarita to Betty's Perfection ~9*

Herradura Silver 100% Agave tequila, dash of Cointreau, fresh squeezed lime, housemade sweet/sour. Shaken and served on the rocks, salted rim (or not). Add a Grand Marnier float for ~3

### *Pom Cosmo ~9*

Kettle One vodka, Triple Sec, fresh squeezed lime, splash of pomegranate juice. Shaken, served up.

### *It's a Little Bit Country ~8*

Bulleit Kentucky Bourbon Whiskey, splash of lemonade, fresh squeezed lemon, sugar. Shaken, served on the rocks.

### *Got My Rye on You ~8*

Bulleit Rye, Fever Tree Ginger Beer, a dash of bitters and a hint of lime, served on the rocks.

### *Hendrix ~9*

Hendrick's Gin and St. Germain shaken with muddled cucumbers and lime, served on the rocks.

### *Sangria Spritzer ~6.50*

A blend of red and white wine with fresh juices and the best fruit the season can offer, topped with Sprite and served over ice. Add a Grand Marnier float for ~3

## BEER

### *Draught*

|                             |      |               |      |
|-----------------------------|------|---------------|------|
| Kona Lager                  | 5/18 | Lagunitas IPA | 5/18 |
| 805                         | 5/18 | Pitchers      | 5/18 |
| Santa Cruz Mountain Brewery | 6/22 |               |      |

### *Bottled*

|               |       |              |       |
|---------------|-------|--------------|-------|
| Bud           | ~4.25 | Pacifico     | ~4.25 |
| Bud Light     | ~4.25 | Negro Modelo | ~4.25 |
| Corona        | ~4.25 | Blue Moon    | ~4.25 |
| Coors Light   | ~4.25 | Kaliber N/A  | ~4.25 |
| Stella Artois | ~4.25 | Guinness     | ~5    |
| New Castle    | ~4.25 |              |       |

### *Santa Cruz Selections—Organic & Produced Locally*

|   |       |
|---|-------|
| Santa Cruz Mountain Brewery—Rotating Draft Beer       | ~6    |
| Scrumpies Hard Cider—Regular and Cherry               | ~7.50 |
| Uncommon Brewers—Bacon Brown Ale and Golden State Ale | ~5.50 |

## WINE

### *White*

|                        |      |
|------------------------|------|
| Vinewood Chardonnay    | 6    |
| Storrs Chardonnay      | 9/34 |
| Morgan Sauvignon Blanc | 9/34 |
| Sterling Pinot Grigio  | 7/26 |

### *Red*

|                         |      |
|-------------------------|------|
| Vinewood Cabernet       | 6    |
| Vinewood Merlot         | 6    |
| Chalone Cabernet        | 8/30 |
| Alfaro Pinot Noir       | 9/36 |
| Cinnabar Mercury Rising | 8/30 |

*Alfaro Family Wines are  
CCOF Certified Organic  
and produced locally  
in Corralitos, CA.*