START ME UP

Soup of the Day cup -7 bowl -10

Nachos O'Lay -12

Tortilla Chips layered with black beans, sharp cheddar cheese, sour cream, homemade salsa and guacamole.

Add chili -4 Add chicken -6 Add Tri-Tip -8

Wing My Bell 6 -9 | 12 -18 | 18 -26 Chicken wings smothered in your choice of Buffalo, Teriyaki, BBQ or Mango Habanero. Served with Ranch or Blue Cheese.

Fred's Cheese Curds - 10

Wisconsin white cheddar cheese curds coated in a savory ranch flavored breading with marinara dipping sauce.

Nashville Buffalo Cauliflower - 10

Premium white cauliflower florets in a spicy Nashville hot breading with our rancho amore dressing.

7exas 7wist with Beer Cheese -8

Fresh Bavarian soft pretzel with a light salting, paired with a Fat Tire beer cheese dip.

Okie Dokie Artichokie - 12

Deep fried artichokes hand breaded in Moss Landing.

SALADS

HOMEMADE DRESSINGS: Tangy Tahini, Eye-Talian, Creamy Blue Cheese, Ranch, Chipotle Ranch, Caesar or Balsamic and Olive Oil.

Rough & Ready -11

Mixed greens, shredded carrot, cucumber, tomato, almonds and dried cranberries.

Side Salad 7

A smaller version of our Rough & Ready salad.

Betty on 7op -15

Rough & Ready salad with a choice of grilled chicken breast, veggie, beef, salmon or turkey patty on top.

Caesar Salad - 12

Romain lettuce, Caesar dressing, croutons and parmesan cheese.

Add Chicken 6

* 18% GRATUITY INCLUDED ON PARTIES OF 6 OR MORE. BETTY TAKES UP TO 3 FORMS OF PAYMENT ON ONE CHECK.

PLATES

Fish N' Chips -22

Beer battered Alaskan cod with fries, cocktail and tartar sauce.

Finger Lickin' Fried Chicken -20

Betty's secret recipe for a succulent thigh, leg, and breast. Served with choice of mashed potatoes or fries.

Chicken Tenders - 14

Six crispy breaded chicken tenders, plain or tossed in buffalo sauce. Served with fries and a side of BBQ, ranch or blue cheese for dippin'.

Mac Daddy -17

White cheddar mac n' cheese, topped with grilled chicken breast, bacon bits and breadcrumbs.

Mac u' Cheese cup -6 bowl -9 White cheddar mac n' cheese with bacon.

Blast off Chili cup -7 bowl -10

Homemade kick-butt beef and bean chili with sharp cheddar cheese, sour cream and red onions.



BURGERS

All Burgers come with fries. Substitute curly, sweet or garlic fries 2

BURGERS ARE DRESSED WITH LETTUCE, TOMATOES, RED ONIONS, PICKLES AND BETTY'S SECRET LUBE. ALL LUBES ARE MAYONNAISE BASED.

Gluten free bun 2 extra. 2 lubes per person, each additional 25¢ All burgers available lettuce wrapped.

Basic Betty - 15

1/3 lb. all natural antibiotic free burger.

Big Betty - 16

1/2 lb. all natural antibotic free burger.

Double Dutch -22

Two 1/2 lb. all natural antibotic free burgers.

Point Grinder -18

Bacon, sautéed mushrooms, blue cheese and areen onion lube.

Mad Mex -18

Fresh guacamole, pepper jack cheese and mild chipotle lube.

Texas Two Step -18

Onion rings, bacon, cheddar and Betty's homemade BBQ sauce.

The Duke -18

Island style burger with grilled pineapple, bacon, cheddar cheese and a sweet teriyaki lube.

Smokin' Betty -18

Roasted balsamic onions, smoked cheddar cheese, bacon, lettuce, tomato and mayo.

Patty Melt -17

1/3 lb. patty, roasted balsamic onions, Swiss cheese on toasted sourdough.

Chick-A-Dee - 15

Seasoned grilled chicken breast with Betty's secret lube on a wheat bun.

Fried Chicken Sando -16

Chicken breast coated with our signature house made batter, deep fried and served on a regular bun with chipotle lube.

Buffalo Style Sando -18

The original tossed in house made buffalo sauce topped with blue cheese.

The Gobbler -15

Ground turkey burger with green onion lube on a whole wheat bun.

Betty burgers are made with fresh,

Burgers come with fries.

Berry burgers are made with tresh, all natural pasture raised beef.

NO ANTIBIOTICS, NO HORMONES
IN HER BEEF EVER!

Slammin' Salmon - 16

Salmon burger with green onion lube on a whole wheat bun.

Tracks in the Grass - 16

Homemade veggie burger served on a whole wheat bun.

Beyond Burger - 17

Plant based patty with vegan lube on a vegan bun.

DOGS

Hot Diggity Dog -7

8" Plump all-beef hot dog in a toasted bun.

Chili Dog - 10

8" Plump all-beef hot dog in a toasted bun with homemade chili, cheese and chopped onions.

Corn Doggie -5

Honey cornmeal batter dipped dog, deep fried on a stick.

ADDITIONS

cheese - 100 American Swiss
Cheddar Pepper

Blue (no crumbled) Pepper Jack Smoked Cheddar

scoop of chili -250

sautéed onions -1

sautéed mushrooms - 150

2 onion rings -2

grilled pineapple - 150 guacamole -3 avocado slices - 250 fried egg - 2

bacon - 250

All sandwiches come with fries. Substitute curly, sweet or garlic fries -2

SANDWICHES

2-7ip -18

Seasoned Tri-Tip served on a hoagie roll with homemade coleslaw, pickles, BBQ sauce and green onion lube.

Dip Your 7ip - 19

Season Tri-Tip served on a hoagie roll with cheddar cheese, sautéed onions, Betty's secret lube and a side of Au Jus.

Cow Tipper -20

Tri-Tip served on grilled sourdough with Swiss cheese, avocado, sautéed onions and mushrooms and Betty's house made chipotle lube.

"Oh My Cod" - 16

Beer battered Alaskan cod on a hoagie roll with lettuce, tomato, onion, pickles and tartar sauce.

Livin' on the Veg -16

Oven roasted zucchini, red bell peppers, portobello mushrooms and balsamic onions on toasted sourdough with vegan lube.

Betty Likes it Tender (BL7A) - 15

Crispy bacon, lettuce, tomato and avocado with Betty's green onion lube served on toasted sourdough.

Melt My Heart -12

Slices of cheddar cheese melted between two slices of toasted sourdough.

DESSERTS

Lava Cake -9

Molten chocolate lava cake with your choice of ice cream.

Ice Cream Sundae

Your choice of ice cream topped with choice of chocolate, white chocolate and raspberry sauce. Whipped cream, sprinkles and a cherry.

Flavors: Vanilla, Chocolate, Strawberry, Cookies & Cream, Dirty Paws, Thin Mint, Monkey Business, Cappuccino Chip

Sundae Double Scoop -8 Single Scoop of Ice Cream 5

Sundae Triple Scoop ~ 9 Double Scoop of Ice Cream 7

KIDS MENU

For kids age 12 and under please!

Biddy Betty with Fries -10

1/4 lb all natural beef with lettuce, tomato, onion, pickle and lube. Served with fries.

Chicky Tenders -9

4 Crispy breaded chicken tenders with your choice of dipping sauce. Served with fries.

Corn Doggie -5

Honey cornmeal batter dipped dog, deep fried on a stick.

Half Grilled Cheese -5 Choice of cheese melted on toasted sourdough.

FRIES & RINGS

Crispy Fries (trans-fat free) Reg -4 Basket -6

Sweet Potato Fries Reg 6 Basket 8

Garlic Fries Reg 6 Basket 8

Crunchy Onion Rings -8

⁵% Crispy n' Sweet Fries **7**

⁵% Crispy Fries n' Onion Rings **7**

5% Sweet Fries n' Onion Rings 7

Chili Cheese Fries ~13



SHAKE IT UP

ICE CREAM FLAVORS:

Vanilla, Chocolate, Strawberry, Cookies & Cream, Dirty Paws, Thin Mint, Monkey Business, Cappuccino Chip

12 oz. ~8

16 oz. ~10

Classic Malt

12 oz. *-9*

16 oz. -11

Float Your Boat -9

DRINKS

Fountain Drinks

Ginger Beer

Orange Juice

Cranberry Juice

Pineapple Juice

Apple Juice

Milk

ADULT SHAKES

-4

Love shack -16

Vanilla vodka, Bailey's coffee liqueur with choice of vanilla or coffee ice cream.

"The King" Lives - 17

Vanilla vodka and Malibu banana rum with dirty paws and monkey business ice cream.

Orange Creamsicle - 16

Orange vodka, Triple sec and a splash of orange juice with vanilla ice cream.

Slippery Business - 17

Crème de cocoa, Malibu banana rum and Disarrono Amaretto with monkey business, chocolate, and strawberry ice cream.

My Story

Hi, I'm Betty,

Folks are always askin', "Betty, this is a damn good burger -- best in town -- where did a girl like you learn to make a burger like this?" Well here's my story..... I come from a small speck of a town in the middle of the Texas panhandle. "Big Dutch Dixon" was the only family I ever new. He raised me from the time Mama hitched a ride with a surfer dude passin' through heading out to California. I'll never forget that day. I was just five when we watched Mama wave good bye as the red convertible sped out of town with the Beach Boys blasting on the 8-track. She never looked back. As a kid, I watched those old Gidget movies and thought of Mama and her moon doggie.

Now Dutch didn't have many talents but he could ride a Harley like a greased hog and made a wicked good mesquite burger. Many said the best in Texas. Anyway, like they say, the apple doesn't fall far from the tree and at sixteen I headed west to find Mama. Dutch vowed he'd not cook another burger till I returned. Well, I found plenty of beach boys, some I even loved. One used to call me "Gidget gone bad." I never did find Mama or a burger as good as Dutch's. Dutch passed on a few years back and all he left me was his burger recipe. Hell, I didn't know the man could write, so here I am.

... After years on the road I started to get a little tired of cheap motels and even cheaper eats. I figured my body deserved better ... So I got myself a little love shack on wheels, spent a lot of time drivin cross country cookin & entertaining overnight guests, weary souls lookin for a good meal and warm bed. Seems there's something about a bowl of my liquid love (chicken soup) that could bring even the toughest buck to his knees. My foods not fancy, just good and cheap like me. Maybe the key to happiness is a full belly and warm bed.

