



Seabright (831-423-8190)  
505 Seabright Ave., Santa Cruz, CA 95062

41<sup>st</sup> Avenue (831-475-5901)  
1000 41<sup>st</sup> Ave., Santa Cruz, CA 95062

Aptos (831-612-6668)  
415 Trout Gulch Rd., Aptos, CA 95004

Betty burgers are made with fresh, all natural beef. **NO antibiotics, NO hormones in her beef ever!** All burgers are dressed with lettuce, tomatoes, red onions, pickles and lube. Betty's Lubes are all mayonnaise based. Sub a gluten free bun for 2.00.

**All burgers available lettuce wrapped.**

**Basic Betty - 8.99**

1/3 lb. burger patty with Betty's secret lube.

**Big Betty - 9.99**

1/2 lb. burger patty with Betty's secret lube.

**Double Dutch - 14.99**

Full pound of beef with Betty's secret lube.

**Point Grinder - 11.99**

Bacon, sautéed mushrooms, blue cheese and green onion lube.

**Mad Mex - 11.99**

Fresh guacamole, pepper jack cheese and mild chipotle lube.

**Texas Two Step - 11.99**

Onion rings, bacon, cheddar and Betty's homemade BBQ sauce.

**The Duke - 11.99**

Island style burger with grilled pineapple, bacon, cheddar and sweet teriyaki lube.

**Smokin' Betty - 11.99**

Roasted balsamic onions, smoked cheddar cheese, bacon, lettuce, tomato and mayo.

**Chick A Dee - 8.99**

Seasoned, grilled chicken breast with Betty's secret lube on a whole wheat bun.

**The Gobbler - 8.99**

Ground turkey burger with green onion lube on a whole wheat bun.

**Slammin Salmon - 9.99**

Salmon burger with green onion lube on a whole wheat bun.

**Tracks in the Grass - 8.99**

Homemade veggie burger with Betty's secret lube served on a whole wheat bun.

**Beyond Burger - 12.99**

Plant based patty with vegan lube on a vegan bun.

**Hot Diggity Dawg- 5.49**

8" plump all-beef hot dog in a bun. Diced onion N/C.

**Burger Additions**

**Cheese - 1.00**

American, Cheddar, Swiss, Pepper Jack, Blue (no crumbled), Smoked Cheddar

**Avocado - 2.00**

**Bacon - 2.00**

**Sautéed Onions - 1.00**

**Sautéed Mushrooms - 1.25**

**Chili - 2.25**

**Onion Rings - 2.25**

**Guacamole - 2.50**

**Pineapple - 1.25**

**Salads & Chili**

**Betty's Homemade Dressings:**

Tangy Tahini, Eye-talian, Creamy Blue Cheese, Rancho Amore, Balsamic & Olive Oil

**Rough 'n' Ready Salad - 8.99**

Mixed greens, shredded carrot, cucumber, tomato, almonds and dried cranberry.

**Side Salad - 5.49**

**Betty on Top - 12.99**

Rough 'n' Ready salad with a grilled chicken breast, beef, turkey, salmon or homemade veggie patty.

**Blast Off Chili | cup 4.99 / bowl 6.99**

Homemade kick-butt beef & bean chili with cheddar, sour cream and onions.

**Mac n'cheese | cup 4.99 / bowl 6.99**

## **Kids Menu**

**Biddy Betty - 5.99**

**Chicky Tenders - 4.99**

**Corn Doggie - 3.49**

## **Fries & Rings**

**Crispy Fries  
(Trans-fat free)**

**Regular - 3.49 / Basket - 5.49**

**Sweet Potato Fries  
(Trans-fat and gluten free)  
Regular - 3.99 / Basket - 5.99**

**Garlic Fries  
(Trans-fat free)**

**Regular - 3.99 / Basket - 5.99**

**Crunchy Onion Rings - 6.99**

**50/50 Crispy 'n' Sweet Fries - 6.99**

**50/50 Crispy Fries 'n' Onion Rings - 6.99**

**50/50 Sweet Fries 'n' Onion Rings - 6.99**

**Chili Cheese Fries - 8.99**

## **Soda & Beverages**

**Small - 2.29 / Medium - 2.69 / Large - 3.09**

## **Polar Bear Ice Cream & Shakes**

### **Featured Flavors:**

Vanilla, Chocolate, Strawberry, Thin Mint, Dirty Paws, Cake Batter,  
Milk & Cookies, Monkey Business, Turkish Coffee, Olallieberry

### **Shakes -- any flavor!**

**12 oz. - 5.99 / 16 oz. - 7.99**

### **Float Your Own Boat - 6.49**

Two scoops vanilla and your choice of soda, 16oz.

### **Classic Malt -- any flavor!**

**12 oz. - 6.49 / 16 oz. - 7.99**

**Ice Cream Cone or Cup - 2.99**